

2008 COUNTY RANKINGS

UNDER 17 WOMEN - OUTDOOR PERFORMANCES

100 Metres

12.2	K Caulfield	HPX
12.7	C Humphries	HPX
12.8	C Cullen	HPX
13.0	A Holman	StA
13.2	C Vernon-Hamilton	SNH
13.3	H Lloyd	HPX
13.3	L Rillstone	D&T
13.4	E Hatch	HPX
13.4	A Postings	D&T
13.4	R Evans	StA
13.6	D Willis	HPX
13.60	L Jackson	D&T
13.6	M Sasegbon	SNH
13.6	A Clarke	SNH
13.6	A Marshall	StA
13.7	S Miekle	WAT
13.7	N Etchie	WAT
13.7	M Jones	StA
13.8	R Hore	HPX
13.9	K Grehan	HPX
13.9	N Lee	D&T
14.0	H Lohmeyer	HPX
14.0	J White	SNH

200 Metres

26.5	H Lloyd	HPX
25.9	C Humphries	HPX
26.56	A Holman	StA
26.68	K Caulfield	HPX
26.9	D Willis	HPX
26.9	S Sattin	HPX
27.0	H Lintott	HPX
27.0	M Sasegbon	SNH
27.1	C Cullen	HPX
27.2	C Vernon-Hamilton	SNH
27.3	R Evans	StA
27.4	R Hore	HPX
27.4	M Phelan	HPX
28.1	L Rillstone	D&T
28.1	A Marshall	StA
28.5	A Rees	SNH
28.5	S Miekle	WAT
28.6	A Clarke	SNH
28.8	C Baxter	WAT
29.2	H Lohmeyer	HPX
29.2	E Cherry	D&T
29.2	J White	SNH
29.2	K Meadows	SNH
29.4	N Etchie	WAT
29.5	J Hutchings	HPX
29.5	A Pickles	D&T

300 Metres

41.65	D Willis	HPX
42.0	S Sattin	HPX
42.2	E Hatch	HPX
42.33	P Lowe	HARR
42.5	H Lloyd	HPX
42.8	A Holman	StA
43.8	C Vernon-Hamilton	SNH
44.1	A Marshall	StA
44.7	A Kelly	D&T

44.8	S Barnas	E&H
45.2	H White	SNH
45.4	R Hore	HPX
45.7	O Pickles	D&T
46.3	L Quinn	E&H
46.5	M Sasegbon	SNH
46.7	V Walker	WAT
46.8	E Hughes	E&H
47.0	S Hampton	D&T
47.7	J Rees	SNH
48.7	C Ng	StA
48.8	A Smith	StA

400 Metres

59.10	P Lowe	HARR
59.5	H Lloyd	HPX
59.8	D Willis	HPX
59.8	S Sattin	HPX
60.7	E Hatch	HPX
61.1	C Vernon-Hamilton	SNH
62.86	A Kelly	D&T
63.20	A Marshall	StA
63.7	J White	SNH
63.7	M Sasegbon	SNH
64.9	V Walker	WAT
66.7	R Hore	HPX
67.02	A Hampton	D&T

800 Metres

2:17.50	P Lowe	HARR
2:17.76	S Connor	SBH
2:20.0	A Kelly	D&T
2:24.05	L Graham	SBH
2:24.2	C Vernon-Hamilton	SNH
2:28.8	V Walker	WAT
2:29.0	D Willis	HPX
2:29.0	M Phelan	HPX
2:32.0	M Sasegbon	SNH
2:32.2	D Yeomans	StA
2:34.5	J Baggio	D&T
2:36.0	A Hampton	D&T
2:36.1	H Lloyd	HPX
2:36.4	A Smith	StA
2:37.3	J Montgomery	StA
2:38.9	C Cattle	HPX
2:40.0	A Cattle	HPX
2:40.8	R Hore	HPX
2:41.1	L O'Connell	SNH
2:41.7	L Hewson	HPX
2:42.8	A Pring	SNH
2:43.7	A Rees	SNH
2:43.9	J Barber	SNH

1500 Metres

4:41.95	A McKinnon-Austin	BED
4:45.1	S Connor	SBH
5:02.9	V Walker	WAT
5:17.3	D Yeomans	StA
5:19.1	E Fuller	HPX
5:22.9	J Montgomery	StA
5:27.2	S Huntingford	D&T
5:29.6	V Little	SNH
5:35.9	A Cattle	HPX
5:36.3	N Darby	WAT
5:36.4	C Cattle	HPX
5:38.9	K Meadows	SNH
5:39.9	N Little	SNH
5:53.2	J White	SNH

5:58.4	A Smith	StA
6:01.8	L O'Connell	SNH
6:02.3	J Barber	SNH
6:07.1	C-A Currie	HPX
6:08.8	E Meakins	HPX

3000 Metres

11:14.4	V Little	SNH
11:18.8	V Walker	WAT
11:36.3	N Little	SNH
12:55.3	J Barber	SNH
13:26.5	E Meakins	HPX
13:57.9	E Meakins	HPX
11:53.4	J Montgomery	StA
12:33.8	D Yeomans	StA
12:53.3	A Smith	StA

80m Hurdles

11.5	C Humphries	HPX
11.8	K Caulfield	HPX
12.5	N Lee	D&T
12.59	V Dixon	SBH
12.7	M Sasegbon	SNH
12.72	H Lloyd	HPX
12.8	R Hore	HPX
12.8	A Rees	SNH
12.82	C Vernon-Hamilton	SNH
13.0	B Hrn	D&T
13.0	A Clarke	SNH
13.05	M Phelan	HPX
13.5	E Cherry	D&T
15.2	C Baxter	WAT

100m Hurdles

15.3	C Humphries	HPX
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300m Hurdles

45.1	H Lloyd	HPX
45.68	C Vernon-Hamilton	SNH
46.68	R Hore	HPX
48.6	M Sasegbon	SNH
49.87	V Dixon	SBH
50.2	C Ng	StA
56.6	J Barber	SNH
60.3	V Walker	WAT

400m Hurdles

67.7	H Lloyd	HPX
69.6	M Sasegbon	SNH
73.1	R Hore	HPX

4 x 100m Relay

50.47	Herts U17
51.3	Herts Phoenix
52.8	St Albans
52.9	Stevenage & NH
56.6	Watford Harriers

4 x 300m Relay

3:09.7	St Albans
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4 x 400m Relay

4:16.4	Herts Phoenix
4:29.1	Stevenage & NH

High Jump

1.65	M Sasegbon	SNH
1.62	M Phelan	HPX
1.60	K Caulfield	HPX
1.60	J Hutchings	HPX
1.60	C Vernon-Hamilton	SNH
1.58	A Rees	SNH
1.50	S Huntingford	D&T
1.50	B Hurn	D&T
1.50	C Baxter	WAT
1.48	S Barnas	E&H
1.45	C Brooks	WAT
1.43	L Rillstone	D&T
1.41	H Lloyd	HPX
1.40	E Cherry	D&T
1.40	A Warwick	StA
1.38	R Hore	HPX
1.35	G Evens	HPX
1.30	S Burke	WAT

Pole Vault

3.30	A Rees	SNH
2.10	J Barber	SNH

Long Jump

5.84	K Caulfield	HPX
5.37	A Holman	StA
5.13	M Phelan	HPX
5.04	S Miekle	WAT
5.02	M Sasegbon	SNH
4.90	M Jones	StA
4.79	A Rees	SNH
4.73	B Scanes	SNH
4.70	C Vernon-Hamilton	SNH
4.69	R Hore	HPX
4.67	A Rance	E&H
4.62	A Postings	D&T
4.57	K Grehan	HPX
4.57	L Jackson	D&T
4.42	C Nightingale	SNH
4.33	C Baxter	WAT
4.30	L Rillstone	D&T
4.26	H Lloyd	HPX
4.21	J Hutchings	HPX
4.20	A Marshall	StA
4.18	V Walker	WAT
4.15	C-A Currie	HPX
4.04	N Etchie	WAT
4.03	E Cherry	D&T

Triple Jump

10.67	A Holman	StA
10.48	B Scanes	SNH
10.17	C Nightingale	SNH
9.90	A Rance	E&H
9.81	R Hore	HPX
9.75	D Willis	HPX
9.55	M Jones	StA
9.52	C-A Currie	HPX
9.41	J Hutchings	HPX
9.28	E Cherry	D&T
9.16	E Linwood	SNH
9.03	S Huntingford	D&T
8.94	K Grehan	HPX
8.59	C Ng	StA
8.23	A Clayden	LUT
7.99	H Bullock	WAT
7.83	J Barber	SNH

7.72	F Gross	SNH
7.68	H Lok	HPX

Shot

9.18	A Rees	SNH
8.97	B Shiels	D&T
8.91	M Phelan	HPX
8.70	M Lundgren	HPX
8.54	C Vernon-Hamilton	SNH
8.41	C Humphries	HPX
8.41	T McManus	WAT
8.15	B Knapp	SNH
7.99	H Bullock	WAT
7.84	M Sasegbon	SNH
7.66	H Lloyd	HPX
7.50	R Warren	StA
7.35	C Brooks	D&T
7.33	L Saxon	SNH
7.05	F Gross	SNH
6.96	H Richardson	D&T
6.86	S Burke	WAT
6.84	J Hutchings	HPX
6.71	R Hore	HPX
6.54	E Hatch	HPX
6.45	M Jones	StA
6.10	D Willis	HPX
6.10	R Evans	StA
6.08	S Sattin	HPX

Discus

36.77	T McManus	WAT
32.50	C-A Brooks	D&T
32.34	C Brooks	D&T
30.77	S Burke	WAT
29.17	F Gross	SNH
27.27	B Knapp	SNH
26.80	M Lundgren	HPX
25.10	M Grehan	HPX
24.30	B Edwards	D&T
23.74	B Shiels	D&T
21.54	L Saxon	SNH
18.44	J Hutchings	HPX
17.22	D Willis	HPX
16.93	D Yeomans	StA
16.70	S Sattin	HPX
15.39	C Ng	StA
13.53	R Hore	HPX
12.46	C-A Currie	HPX
12.33	A Smith	StA
12.12	J Barker	SNH

Hammer

37.03	B Knapp	SNH
31.65	F Gross	SNH
28.85	T McManus	WAT
25.81	L Gross	SNH
21.73	B Shiels	D&T
19.55	M Lundgren	HPX
16.24	S Burke	WAT
15.42	J Hutchings	HPX
13.66	C-A Brooks	D&T
13.82	A Langan-Culley	StA

Javelin

40.98	K Grehan	HPX
39.38	E Meakins	HPX
29.23	V Vernon-Hamilton	SNH
29.06	M Lundgren	HPX

25.87	H Richardson	D&T
25.57	E Linwood	SNH
22.89	M Phelan	HPX
22.34	A Rees	SNH
21.77	A Kelly	D&T
21.18	T McManus	WAT
20.79	M Sasegbon	SNH
20.43	R Bentley	WAT
19.30	V Walker	WAT
19.20	A Langan-Culley	StA
17.87	A Cully	StA
16.75	R Hore	HPX
16.50	C Brooks	D&T
16.38	C Baxter	WAT
16.33	S Burke	WAT
16.28	A Marshall	StA
16.16	A Clayden	LUT
15.53	E Hughes	E&H
14.43	G Evens	HPX
14.38	J Hutchings	HPX
14.37	R Evans	StA

Pentathlon

1950	C Baxter	WAT
1438	N Etchie	WAT

Heptathlon

4163	M Phelan	HPX
4112	C Vernon-Hamilton	SNH
4024	M Sasegbon	SNH
3811	A Rees	SNH
3445	H Lloyd	HPX
3353	R Hore	HPX
2153	J Barker	SNH